



WINTER *menu*

WARM FOOD.
SIMPLE INGREDIENTS.
MADE WITH CARE.

SOUP & BREAD

Hearty, nourishing and made
with seasonal ingredients
to warm you from the inside out.



HERBAL TEAS
OR INFUSED WATER
PLEASE HELP YOURSELF

Take a moment. Pause. Breathe.
You're exactly where you need to be.



Pause @ Pilgrims
where stillness meets nature

