



Guest Safety Disclaimer & Waiver

I understand that visiting and using the facilities, grounds, wellness areas, and wild-nature swimming pool at Pause @ Pilgrims is entirely at my own risk.

I acknowledge that Pause @ Pilgrims is a countryside wellness setting and natural outdoor environment which may include uneven ground, gravel paths, decking, slippery surfaces, varying water depths, wildlife, insects, natural debris, cold water temperatures, changing weather conditions, low lighting in outdoor areas, and other natural environmental conditions that may present a risk of slips, trips, falls or injury.

I confirm that:

- I am voluntarily choosing to use the facilities and participate in any treatments, wellness experiences or outdoor activities.
- I am physically fit enough and medically able to participate in any activities I choose to undertake whilst onsite, including wild swimming activities where applicable.
- I understand the risks associated with outdoor and wild water environments, including slips, falls, cold water shock, injury, illness or drowning.
- I understand that no lifeguard or qualified water safety supervisor is on duty at the wild nature pool.
- I will act responsibly and follow any safety guidance or instructions provided by Pause @ Pilgrims.
- I will wear suitable footwear and take reasonable care whilst moving around the site and grounds.
- I will not use the facilities, pool area or wellness spaces under the influence of alcohol or drugs.
- I understand that certain treatments, wellness experiences or activities may not be suitable for individuals with specific medical conditions, injuries, pregnancy, mobility concerns or health-related conditions.
- Any under-18-year-olds or vulnerable persons within my party remain my full responsibility and must be supervised at all times.
- I accept responsibility for my personal belongings whilst onsite.

I agree that Pause @ Pilgrims, its owners, staff, and representatives shall not be held responsible for any accident, injury, illness, allergic reaction, loss, damage, or death arising from the use of the site or facilities, or participation in any activities, except where caused by proven negligence.

By signing below, I confirm that I have read, understood and accepted the terms of this disclaimer and waiver.

Name: _____

Telephone Number: _____

Email Address: _____

Address: _____

Signature: _____

Date: _____